

Signs and Symptoms of Hyperthyroidism

Hyperthyroidism accelerates your body's metabolism. It is difficult to diagnose as the signs and symptoms are similar to other conditions.

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Physical

General

- Increased sweating
- Sensation of warmth
- Oversensitivity to heat
- Warm, moist palms
- Palpitations
- Increased appetite
- Diarrhoea
- Weight Loss
- Dry; thin skin that flushes easily
- Hair loss
- Goitre (enlargement of the thyroid gland)
- Shakiness/trembling
- Shortness of breath
- Overactivity
- Tiredness/exhaustion
- Increased sex drive
- Enlargement of breasts in men
- Pretibial myxedema (red swollen skin on shins and feet)

Menstrual Disorders

- Cessation of periods (amenorrhoea)
- Longer or shorter cycle
- Infertility

Muscles

- Weak, less defined muscles (wasting)
- Loss of muscle strength
- Aches and pains

Visual Disturbances

- Staring eyes
- Conjunctivitis
- Corneal ulceration

- Dry/gritty eyes
- Painful eyes
- Double vision

Non-Physical

- Mood changes
- Nervousness, anxiety, excitability
- Insomnia /racing thoughts
- Talkativeness

Date updated: 12/04/21 (V1.2)

Review date: 13/06/21