

ThyroidUK

Better Thyroid Health 

Are you... **exhausted** for no reason?

Do you... **feel cold** all the time?

Is your... **skin extra dry**?

Is your... **hair coming out** more than it should?

Have you... **put on weight** that just won't shift?

Do you... **feel a bit dizzy** sometimes?

Do you... **have painful joints**?

It may be that you are suffering from an
Underactive Thyroid

Do You Have Questions to Ask?

We provide **information** and **resources** to promote **effective** diagnosis and **appropriate** treatment for people with thyroid disorders in the UK

Join Our Online Community:
www.healthunlocked.com/thyroiduk

Visit Our Website:
www.thyroiduk.org

